



Grownups, try these simple activity suggestions at home to keep the fun and learning going.



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S-T-R-E-T-C-H Art

Provide Window Markers for your child. (Available at craft stores.) Choose a window for your child to draw on. Tell your child that the only places s/he can draw are those s/he has to stretch to reach. Remind children they can stretch straight up, from side to side, or down below.

Animal Jumping

Lay some paper plates outside, arranged fairly close together. Pretend to be frogs jumping from lily pad to lily pad or other animals crossing a river by jumping on rocks. As your child's balance and coordination improve, rearrange the plates farther apart and in different directions to challenge your child to find a new path.

Early Learning: This activity requires important motor skills, such as planning and sequencing to judge distance, evaluate how much power is needed, plan movements, and then execute the jump.

Movement Cube

***Materials provided by the library.
(folded cube template)**

Have children decorate the cube by coloring or drawing. Cut out and fold the shape as directed and then tape together. Have your child roll the cube. Read the word that lands face up and have your child perform that movement.

